

February 2026 Meeting Minutes: SWFLOA Intergroup, OA IG# 09231, SOAR Region 8

Call To Order: At 10:35 am by JODI S (Acting Chair) with the Serenity Prayer.

Feb. Agenda: Amended to add CAROL F's update on the new service pamphlet to Old Business, and Approved. ROZ S asks we include specific points for Old and New Business in advance on monthly agendas when possible.

Jan. Minutes: Approved and Adopted.

Roll Call: **Present:** ALICE H, BOB W, BONITA K, CAROL F, ELVA B, HOLLY M, JANET B (Visitor), JANICE S, JODI S, ROZ M, ROZ S, and SHARON W.
Absent: CHERIE M, GIL P, NANCY C, PEGGY H, and TOM L.

12 Concepts of OA: Concept 2 read by ROZ S.

Officer/Committee Reports: [Note: [Items underlined and printed in blue are hyperlinks you may click to access online.](#)]

Chair: VACANT (JODI S and CAROL F are kindly presently sharing service as Co-Chairs, and **we need service volunteers**).

Vice-Chair: VACANT (**We need service volunteers for all vacant positions**).

Secretary: HOLLY M thanks BONITA K for her service in taking notes and producing the minutes in January.

Treasurer: ALICE H provides a detailed summary (see below) and accounting to the IG meeting:

We started January with \$6,955.65 in our LMCU checking and savings accounts. IG received in January donations from two meetings and three OA members totaling income of \$730. January expenses include the monthly rental of our storage unit for \$39.98 paid with our debit card, a \$600 extra 4thQ donation to WSO, and a \$400 extra 4thQ donation to [SOAR Region 8](#). Total expenses for January are \$1,039.38. As of January 31, the total in our savings and checking accounts at LMCU is \$6,645.67, after adding the income and subtracting the expenses from the balance at the end of January. A subset of funds is allocated by IG to the three following areas: \$500 for PIPO/Literature, \$200 for Prudent Reserve, and \$3,000 for WSO/Region 8 Rep expenses. Funding set aside for these items totals \$3,700. The remaining balance in our LMCU account for use by IG for paying bills and expenses or making contributions is \$2,945.67.

Region 8 Rep: ROZ S notes that their meeting was moved to next weekend so there is no report at present.

WSO Rep: VACANT (**We are seeking service volunteers for all vacant positions**).

12 Steps Within Committee: VACANT (**We are seeking service volunteers for all vacant positions**).

PI/PO Committee: BONITA K will contact sites in the coming weeks and **needs volunteers for info/outreach events**.

Website Manager: CAROL F is adding a flyer and IG minutes to [our website southwestflea.org](http://ourwebsite.southwestflea.org) and suggests (1) that **each IG Rep shares with their group about [WSO-calendared events such as Unity Day](#)**, and (2) that in particular **in-person groups consider hosting workshops or events** while they have larger meeting attendance during season.

Zoom Administrator: NANCY C absent. [Note: HOLLY M volunteers to contact NANCY about a **tech issue where several members were not authorized to unmute** at the start of today's IG meeting.]

Meeting/IG Rep Reports: [Note: The full meeting list for [SWFLOA](#) is posted at <https://southwestflea.org/meetings.html>]

Sundays 6:30 pm: TOM L absent. ROZ M notes that it's a great Zoom meeting with plenty of support, especially at the "speaker meeting" held the last Sunday of each month.

Mondays 10:45 am: JANICE S says this Zoom meeting is doing okay and has consistent attendance.

Mondays 6:00 pm: ROZ M shares that **this Zoom meeting could use some support**, due to spotty attendance over the past couple of months.

Tuesdays 10:00 am: NO REP. NO REPORT. **This Zoom meeting needs an IG Rep.**

Tuesdays 5:00 pm: HOLLY M says there is a good core group of returning members with many newcomers so this Zoom meeting often focuses on the 1st Step. ALICE H adds that people attend from all over the world, inspiring us.

Wednesdays 8:15 am: BOB W reports this is a small, 5-8 person, Face-to-Face meeting that has good discussions and now includes reading from the Steps at least once a month.

Wednesdays 10:00 am: ELVA B notes that **this Big Book Zoom meeting could use some support**, because several regular members have spouses who are in crisis, so one week there may be 6-8 people, but another only 1-2.

Wednesdays 12:30 pm: CHERIE M absent. ROZ M says this is a very healthy Face-to-Face meeting, often averaging 16 people during season, with several returning members supporting it at present.

Wednesdays 1:30 pm: BONITA K notes this is a really good Big Book Zoom meeting with a core of 5-7 and often a few new people. SHARON W adds that some attendees hail from as far away as Saudi Arabia or New Zealand.

Thursdays 10:30 am: SHARON W shares that this is a good Zoom meeting that averages 5-8 people.

Thursdays 6:00 pm: ROZ M reports this is a healthy Big Book Zoom meeting, inspirational, with good attendance.

Fridays 4:00 pm: GIL P absent. NO REPORT. [Zoom meeting comparable to Tuesday 5 pm with some crossover.]

Fridays 5:30 pm: ROZ M states that this Face-to-Face meeting is well attended with generally 10-15 people, many obviously enjoying being back to meeting in-person. BONITA K shares that the "candlelight service" she attended in January was very nice, with 18-20 people; HOLLY M adds that she also found it quite lovely but had an allergic sensitivity reaction to some people's colognes or perfumes.

Saturdays 9:00/9:30 am: PEGGY H absent. ELVA B notes **we need someone to serve as IG rep for this Zoom meeting** since PEGGY must focus on tending to her spouse in his serious health crisis.

Saturdays 1:30 pm: JODI S reports that **this Face-to-Face meeting could use some support**, for while it's very welcome at AWOL in Cape Coral, and averaging 3-5 people, it could use more help with newcomers.

Old Business:

Service Pamphlet Update: As IG approved last month, CAROL F spent \$251.28 (including shipping) to purchase new pamphlets titled "OA Handbook for Members, Groups, and Service Bodies" for IG to give one to each of our OA groups. Upon receipt, CAROL will connect with IG Reps to distribute pamphlets in person or by mail.

New Business:

CAROL F notes that there are **many free [resources](#), [podcasts and videos](#) on the [World Service website OA.org](#)** and encourages groups to **consider using resources to host workshops or events such as Unity Day and IDEA Day.** **Note:** In the past, one or another group has offered up its meeting time-slot for events keyed to specific days.

Good and Welfare:

PLEASE KEEP IN OUR PRAYERS:

PEGGY H and her husband FRANK (who remain in Chicago, where his fight with cancer is not going well);

BONITA K (eyes);

ROZ S's daughter MELISSA and her husband PETER;

ALICE H's husband DAVE (who recently learned that his cancer has returned); and

All those who are sick and suffering.

Announcements:

The next SWFLOA Intergroup Meeting is Saturday, March 7, 2026, at 10:35 am. All are welcome.

- We look forward to seeing you! Meanwhile, please **forward your agenda items to CAROL F** (Acting Chair).

Thank you ALL for your service to IG and OA!

Note: There are many face-to-face, online, and phone meetings available to OA members and visitors, 24/7/365, which can be located using the [Find a meeting](#) function at [OA.org](#). One option is [A Vision for You](#), a Big Book study, which meets 7-9 am ET (first hour recorded) and 10-11 am ET (also recorded) weekdays, with a "special edition" Sundays at 8:30 am ET. Dial 1-712-432-5210 and enter code 876148# on your phone to attend a live meeting. OR dial 1-712-432-5203 and enter #0 on your phone for the most recent recording. See <http://www.avision4you.info>.

Adjourned: At 11:10 am by JODI S (Acting Chair) with the Serenity Prayer.