

SWFL OA Intergroup #09231 Meeting Minutes, Saturday, August 1, 2026

- Carol calls the meeting to order with the Serenity Prayer at 10:36 a.m.
- Holly asks to amend New Business; and the August Meeting Agenda and June Meeting Minutes are then unanimously approved at 10:39 a.m.
- Roll Call: Present: Alice, Bonita, Carol, Elva, Gil, Holly, Peggy, Roz M, Sharon;
Absent: Bob, Janice, Jodi, Nancy, Roz S, Tom.
- The 8th Concept of OA Service is read.

Officer/Committee Reports:

- Chair and Vice-Chair: **These offices are VACANT.** Carol notes that her last month as Interim Co-Chair is October. We don't know if Jodi will continue as Interim Co-Chair.
 - ***We must elect new officers in November, especially Chair, Co-Chair, WSO, 12 Step Within, and PI/PO. Are you able and willing to step up?***
- Secretary: Holly has nothing to report.
- Treasurer: Alice's report is accepted as amended to add Gil's reminder about storage rental in July. Alice will present at our next Intergroup meeting in September her recommendations for additional second quarter donations for Region 8 and WSO.
 - ***See amended Treasurer's Report 8/1/2026 reproduced below.***
- WSO: **This office is VACANT.**
 - ***Do you know someone who wants to serve?***
- 12 Step Within: **This office is VACANT.**
 - ***Do you need a new service commitment?***
- Region 8: Roz S absent. No report.
- PI/PO: Bonita's new job is going well and they want her to work more hours. Therefore, we will be seeking a new PI/PO coordinator.
 - ***Please consider running for election to this position in November.***
 - ***Please help find volunteers for seasonal events to come in September, October, and November.***
- Web Manager: Carol says our web page is fine and everything has been renewed for another year, but we do not get many visitors and she needs help from the tech savvy.
 - ***Sharon always posts our web address at the meeting she reps ~
<https://southwestflea.org> ~ Let's do the same at all our meetings!***
- Zoom Administrator: Nancy absent. No report.

Treasurer's Report SW Florida Intergroup Meeting 8/1/2026

Total funds LMCU checking & savings accts as of 5/31/2026: \$6,512.99

Total Income June & July: \$1,449.00

Sanibe I Tuesday & Friday meetings \$155.00

Three Naples meetings 718.00

Thursday 10:30 am Fort Myers meeting 80.00

Wednesday 10 am Big Book meeting 10.00

Tuesday 10 am Estero meeting 105.00
Saturday 9 am Newcomers meeting 381.00
Total Expenses June & July: \$1,445.95
Storage unit fee for 2 months - debit card 78.00
WSO 2nd quarter donation (30% of donations) 722.00
SOAR Region 8 2nd quarter donation (10% of donations) 240.80
Blue Host domain name change - debit card 21.19
Blue Host two-year renewal - debit card 383.76

Total funds in checking & savings accts as of 7/31/2026: \$6,516.04
Prudent Reserve 200
PIPO/Literature Fund 500
WSO/Region 8 Rep Expenses 3,000
Total sub-funds allocation: \$3,700
Remaining balance for other expenses: \$2,816.04

Intergroup Rep/Meeting Reports:

Sunday 6:30 pm: Tom absent. No report.
Monday 10:45 am: Janice absent. No report.
Monday 6:00 pm: Roz M: Group was struggling but now averages 5-7 per week.
Tuesday 10:00 am: **NO REP: Do you know someone who wants or needs to serve?**
Tuesday 5:00 pm: Holly: Solid 4-6 plus frequent newbies and visitors. **Group often studies Step 1 with newbies or other literature with returning members.**
Wednesday 8:15 am: Bob absent. No report.
Wednesday 10:00 am: Elva: Good core group for Big Book Study. **Elva posts IG treasurer info in Zoom Chat for their 7th tradition ~ Should we do this at all our groups?**
Wednesday 12:30 pm: Roz M: Lively F2F Literature Study with 8-10 per week off-season.
Wednesday 1:30 pm: Bonita: Had to miss several group meetings. No report.
Thursday 10:30 am: Sharon: Had only 4 last week with 1 newbie and 1 feeling sickly. **Hoping attendance will pick up in season.**
Thursday 6:00 pm: Roz M: Well-attended Big Book Study averaging 12-13 per week.
Friday 4:00 pm: Gil: Down from 12-14 to just 5-7 per week. **Group often studies Step 1 with newbies or other literature with returning members.**
Friday 5:30 pm: Roz M: F2F Open Topic/Leader's Choice holding its own in the off-season.
Saturday 9 am Newcomers & 9:30 am Regular: Peggy: Nice turnout but no newcomers. **Please encourage newbies to attend at 8 am Central / 9 am Eastern.**
Saturday 1:30 pm: Jodi absent. No report.

Old Business:

1. By-law Review Committee: Working to schedule a couple of meetings in August.

New Business:

1. Lack of OA Resources Addressing Grief in Recovery: Unlike other emotions, such as fear, love, guilt, anger, joy, remorse, loneliness, or anxiety, one SWFLOA member notes, grief and loss are not addressed specifically in our literature, although they affect all of us throughout our lives. This sparked a lively discussion at and after a recent SWFLOA meeting. Thus, we will ask Roz S to connect with Region 8 and gain their help in communicating this concern to World Service. Maybe WSO already plans a book or pamphlet on this topic? If so, we want to spread the news and any call for submissions from OA members. If not, we wish they would start to address it.
2. A. Intergroup Elections: ***We are the Southwest Florida Overeaters Anonymous Intergroup (IG) representing all Lee, Hendry, and Collier County OA groups. We are part of Southeastern Overeaters Anonymous Region 8, which includes the Caribbean Islands, Central America, South America, U.S. Southeastern Region: Alabama, Arkansas, Florida, Georgia, Louisiana, Mississippi, Puerto Rico, South Carolina, Tennessee, and the U.S. Virgin Islands.*** We have IG elections in November, and we need to fill several service positions, including Chair, Vice (or Co) Chair, WSO rep, 12 Step Within rep, and PI/PO rep. Please discuss and encourage service commitments at all our groups and ask those interested in service outside a single group to review our IG service position descriptions and prereqs at https://southwestfloa.org/uploads/3/5/1/4/35143636/swfloa_bylaws_2024.pdf and those for SOAR8 at <https://oaregion8.org/files/Bylaws-Accepted-as-of-November-2024.pdf> **Please announce at all our groups that service helps members stay abstinent and connected to recovery, uses and develops special skills, and keeps OA alive and well for now and the future. There is no OA without us.**
B. Membership Decline: As noted in the World Service Annual Appeal, OA (like all 12 Step organizations) is seeing drops in attendance, membership, contributions, and service to the organization at all levels. SWFLOA weekly groups and IG struggle to find sufficient volunteers willing and able to ensure regular rotation of service. Carol mentions the need for tech savvy members to help with web sites and Zoom meetings. Holly mentions younger members, which is addressed by SOAR8 at <https://oa.org/documents/young-adults-committee-letter-to-intergroups-service-boards-and-regions/>. Elva suggests considering a merger with another intergroup, and both she and Alice note that some groups in other areas have done so. Carol will contact the SOAR8 treasurer to ask them when they expect to visit our IG, how we are doing with our contributions, and if they could help us explore our options. SWFLOA IG will continue discussing this matter under Old Business.
3. Annual Appeal: As a new meeting rep, Holly asks what the standard practice is for the Annual Appeal, do we mention it in our individual groups, play the video from World Service, and so forth? IG members share that before COVID, there were separate collection baskets passed at meetings. Now, most of our groups meet via Zoom, and we don't know how we are doing on donations, or whether it is best to have our IG Treasurer, Alice, continue our practice of making extra donations to SOAR8 and WSO throughout the year. We ask Roz S or Carol to ask Region 8.

Good and Welfare: Thank you for your prayers for Alice's husband, Dave. Please continue to pray for him, for our various ongoing issues, and for those who still suffer, inside and outside the rooms.

- At 11:19 a.m., Carol closed the meeting with the "We" version of the Serenity Prayer.

The next SWFLOA IG Meeting is Sat., Sep. 5, 2026, at 10:35 a.m. We know this is Labor Day weekend, but the following weekend is Rosh Hashanah and the monthly business meeting for our Sat morning group, which uses the same Zoom meeting room as us. Please plan to attend intergroup the first Saturdays in September, October, and November.

We thank you for all your service!