

International Day of Experiencing Abstinence (IDEA)

## **Emotional Sobriety Workshop**

**Sunday, November 17, 2024**

**3:00 p.m. to 5:00 p.m. ET (2:00 p.m. to 4:00 p.m. CT)**

**Three Guest Speakers Followed by “Ask it Basket” Q & A**

**ZOOM ID: 844 3994 7859PASSCODE: 176481**

**Join Zoom**

**Meeting: <https://us02web.zoom.us/j/84439947859?pwd=WXE3Q0U3eUM0TDZZVDZFWDVRS3VNUT09>**

**Please consider giving a Seventh Tradition Donation to Region 8 at <https://oaregion8.org/region-8/contributions>**

**For More Information, Contact:**

**Tina S. at (941) 993-9717 or Anne C.D. at (813) 860-8171  
or [annegene@me.com](mailto:annegene@me.com)**

