



Southwest Florida Overeaters Anonymous

www.southwestflea.org

Dear Professional,

This letter is to let you know about another resource in your community: Overeaters Anonymous, a fellowship of individuals who support one another in solving our common problem, compulsive over and under eating and compulsive food behaviors.

Our program, which is patterned after Alcoholics Anonymous, has no dues or fees for membership and no weigh-ins. We are not affiliated with any other organization, nor are we in competition with any weight-loss program or group. Further, we are not experts about obesity, weight loss, or compulsive eating and compulsive food behaviors. We simply want to share our recovery experience with others who desire our help.

Enclosed/attached are pamphlets "When Should I Refer Someone to Overeaters Anonymous?" and "Is Food a Problem for You?" for your information. There is an extremely useful pamphlet for your patients called "Where Do I Start" that is available as a free download from **www.OA.org**, an online resource which is very informative and has listings of meetings worldwide. Our local Southwest Florida website, **www.Southwestflea.org**, has a significant amount of information that may be helpful to you and your patients including a listing of local meetings.

Thank you for your interest in Overeaters Anonymous. Please let us know if we can help by providing more information.

Very truly yours,
Southwest Florida Intergroup
Overeaters Anonymous

INTRODUCING OVEREATERS ANONYMOUS

IS FOOD A PROBLEM FOR YOU?

- *Have you been worried about the way you eat?*
- *Do you resolve to go on a diet tomorrow, only to fail again and again?*
- *Is your weight affecting the way you live your life?*

You are not alone.

Overeaters Anonymous can help.

No dues. No fees. No weigh-ins.



INTRODUCING
OVEREATERS ANONYMOUS

**WHEN SHOULD I
REFER SOMEONE
TO OVEREATERS
ANONYMOUS?**

*To Members
of the
Helping Professions*

No dues. No fees. No weigh-ins.

