



**OVEREATERS
ANONYMOUS®**
SOUTHWEST FLORIDA OA INTERGROUP

Here's An Idea!

**Why Don't
We All Try
To Be
Willing
To Try
Something
*New?***



**Wow!
What a
Concept!
Maybe it
Will Work
For You
Too!**

Come to our "**IDEA DAY**", Sat. Nov. 16, 2024
International Day Experiencing Abstinence
9:30 am to Noon-ish (E.S.T.)

Zoom: 244-200-4595 , Password: SWFLOA
For more info, call Gil P. at 617-847-7994

TRADITION 7: "Every OA group ought to be fully self-supporting, declining outside contributions." To contribute to **IDEA Day**, please mail check to Intergroup Treasurer: Alice Harkness, 16197 Crown Arbor Way, Ft. Myers, FL, 33908

We are not "**BAD**" trying to be **good**;
We are "**SICK**" trying to be **well!**
Listen to three OA members give their stories
about what they were **willing** to do to **get well**
and **STAY WELL!**