

UNITY DAY 2023

Driving Together on Recovery Road

February 26, 2022

Sunday: 9:00 am – 11:30 am EST



This 2023, are you on the road to recovery? Join us as we share “Driving Together on Recovery Road” as a metaphor for working the OA Program. During the virtual workshop, three fellow OA members will share their experiences. Perhaps you can relate to some of the stops along their path? Driving into “Heartbreak Hill”. Stopping at “Surrender Station”. Driving away from OA to “Isolation Island” or “H.A.L.T. Highway”. Finding peace and serenity at “Commitment Park”.

Whatever your experience with food, you are invited to this virtual workshop. The road to recovery does not need to be alone. Together we get better. OA’s Twelve Steps, Traditions, Tools, and Fellowship are shared as “Turnaround Tools” for lasting recovery.

VIA ZOOM

Meeting ID: 244 200 4595

Passcode: SWFLOA

BY PHONE

1 301 715 8592 or 1 669 900 9128

ID: 244 200 4595

Passcode: 444710

There is no registration or charge for the workshop. A 7th tradition donation is recommended – details will be provided.

PRESENTED BY SOUTHWEST FLORIDA INTERGROUP

For additional information contact:

Jill B. 310-968-3741

