

## Southwest Florida Intergroup

Invites you to

#### **UNITY DAY**

February 29, 2020

9:30-2:30

## **RECOVERY, RECOVERY, RECOVERY**

We Recover Together



# Three Panels

#### Experience, Strength and Hope

How I developed a plan of eating that really works? Overcoming Chronic Relapse Removal of Mental Obsession How did I quit playing God? How in OA did I overcome childhood trauma? Recovery from daily buildup of emotions. Making amends that worked for me. ESH on 10<sup>th</sup> and 11<sup>th</sup> Step. How to Be of Service.



Riverside Church 8660 Daniels Pkwy, Fort Myers, Fl.

Clothing Exchange

Questions: Call Jill 310-968-3741