

JULY 9 SOUTHWEST FLORIDA INTERGROUP MINUTES

Call to Order at 10:35 by Jill B.

Serenity Prayer

Agenda - The amended agenda was was moved, seconded and accepted unanimously.

May 7, 2022 Meeting Minutes - Margie moved to accept the amended minutes that were e-mailed to all board members. Pat seconded the motion. It was accepted unanimously.

Roll Call - Jill B., chair; Pat H., treasurer and Monday Cape Coral meeting rep; Carol G., vice-chair and Wednesday Virtual Big Book meeting rep.; Carol F., website co-manager and Wednesday Fort Myers meeting rep; Margie P., Tuesday Sanibel meeting rep; Gil P., recording secretary and Friday Sanibel meeting rep; Roz S., Region 8 rep and Bylaws committee chair; Sharon W., Thursday Fort Myers meeting rep; Cathy F., Twelfth Step Within chair; Karen D., website co-manager; Peggy G., Saturday Fort Myers meeting rep.; Marianne B., guest; Kathy M., guest.

Concepts of Service - Jill read Concept Seven in its entirety

Officer/Committee Reports

Chair - Jill said she had no report, but did announce that Peggy G. is the new Saturday Fort Myers (Riverside Church) rep.

Vice Chair - Carol G. noted she's willing to alter the list of meeting reps to better identify each meeting in any way that is agreed upon. She also noted that she will continue to reach out to each meeting rep/contact regularly.

Recording Secretary - Gil had no report

Treasurer - Pat reported that our beginning balance from April 2 was \$1,392.99. We received \$325.00 in donations from three groups and accrued interest of \$.06. Our expenses as of June 1 were \$493.62 (Seventh Tradition contribution sent to WSO) and \$144.23 (sent to Region 8). Our general fund balance now is \$1,141.12 and our total of all money on hand is \$3,834.74. We have an excess of \$662.99, which is not in compliance with our bylaws. Pat moved and Carol seconded a motion that the Intergroup send \$300 to WSO and \$300 to Region 8. The motion passed unanimously.

Pat also brought up the need to add a signatory to the Intergroup bank accounts; after discussion, it was agreed that Jill, as chair, will serve as the second signatory and that she and Pat will work out the details of achieving that task. Pat further discussed bringing the Intergroup in compliance with our bylaws by having the Treasury account audited annually. Jill agreed to audit the accounts when she goes to the bank with Pat and sign on as a signatory.

Region 8 - Roz wrote a report on what she has learned over the past two months serving as Region 8 Assembly, April rep. Her report follows:

"#1 New Lifeline Blog is launching soon. '*Lifeline: Stories of Recovery*, a blog for all of us to share our experience, strength, and hope with each other *and* to attract those who are still suffering from compulsive eating and compulsive food behaviors and searching for a solution online. Together we can.' See <https://oa.org/lifeline> for details on how to contribute and access OA's new Lifeline blog.

"#2 '*Where Do I Start? Everything a Newcomer Needs to Know*' is now posted online as a PDF for free download. This PDF has been updated with the sample food plans included in '*A New Plan of Eating*., as well as with material taken from other updated OA pamphlets. Find it online at the [oa.org Document Library](#) under the category "New to OA." The direct link is: <https://oa.org/app/uploads/2022/06/where-do-i-start-everything-a-newcomer-needs-to-know.pdf>

"'*Where Do I Start?*' pamphlet is now available as a free download on [OA.org](#). As approved by majority group conscience at WSBC 2022, our popular newcomer pamphlet has been updated and made available from the [oa.org Document Library](#) under the category 'New to OA.' ([Direct link](#)) '*Where Do I Start?*' pulls vital wisdom from varied OA literature sources, including '*A New Plan of Eating*', in order to give a concise and compassionate introduction to the OA program. As the Fellowship knows, beginning the journey out of compulsive eating and compulsive food behaviors towards recovery can be difficult, but '*Where Do I Start?*' aims to help, giving direction, advice, and answers to frequently asked questions in its brief pages. Direct newcomers in your meetings to [this link](#), and see how our membership grows!

"Print copies of '*Where Do I Start?*' can still be purchased for US \$1 each at [bookstore.oa.org](#).

"#3 Michelle, Region 8 Treasurer, has sent the following information for funds: We can get books for newcomers. From Region 8 homepage, <https://oaregion8.org/>; press the Green 'Intergroup Funding' button. The special project grant is what you are looking for. Quick link to Intergroup Funding is <https://oaregion8.org/region-8/intergroup-funding>.

"In service,

"Roz"

WSO rep - Vacant

Twelfth Step Within committee chair - Cathy F. noted she is new to the position but has visited the the Twelfth Step Within website. She said she is generating a list of Southwest Florida Intergroup members' phone numbers from meeting chats in an effort to generate a list of members and their phone numbers for inclusion in outreach.

PI/PO chair- Vacant

Website Co-Managers - New Co-Manager, Karen D., has been familiarizing herself with the website and is putting the approved May minutes on the site. Co-Manager, Carol F., checked in from her car and said she will work on the site when she is home from her current travels.

Changes/Lists - Pat reported that the Friday night Cape Coral meeting, which has been listed as suspended on the Southwest Florida Intergroup and Region 8 websites, is still listed on the WSO website. Carol G. said she would look into the matter.

OLD BUSINESS

Bylaws - Bylaws committee Chair Roz, along with members Pat and Gil, noted they have proposed revisions to the bylaws, which subsequently were e-mailed to all board members in late June. Several new board members reported they had not received the bylaw with proposed revisions, and several others said they had not read the document. The board tabled discussion and vote on all but two revisions, which Roz enumerated. One involved minor discrepancies in the "boilerplate" wording that precedes the Twelve Steps, Twelve Traditions and Twelve concepts of Service. The board voted by substantial unanimity to changed the Southwest Florida Intergroup Bylaws wording to align with the wording in the WSO Bylaws.

The second issue involved abstinence requirements necessary to serve and/or vote as board members. Following lengthy give-and-take discussion, the item was tabled till the August 6 meeting. All board members present agreed to read the redlined changes in the proposed revised bylaws that had been e-mailed to them, and to think about where they stand on how they feel about abstinence requirements for board members, so they may make informed decisions at the August 6 meeting.

Good and Welfare - Carol G. reported she has been dealing with illness since January and asked for members' support. Peggy G. noted she is challenged in her efforts to maintain consistent abstinence and also asked for support.

NEW BUSINESS

Tabled till the next Intergroup meeting, August 6.

Serenity Prayer/ Adjournment - The board said the Serenity Prayer in the plural and the meeting was adjourned at 12:00 p.m.

Respectfully submitted by Gil P