

SOUTHWEST FLORIDA INTERGROUP MINUTES, JANUARY 2, 2021

Roz, chair, called the meeting to order at 10:36 a.m. with the Serenity Prayer.

Roll Call - The roll call was taken and the follow members were present: Roz, chair; Margie, vice-chair and Sanibel Tuesday; Maxine, treasurer and Thursday Naples; Gil, recording secretary and Sanibel Friday; Jill, webmaster and Saturday Fort Myers; Debbie J., Thursday Fort Myers; Pat, Monday Cape Coral; Carol G, Wednesday Virtual Big Book; Carol F, Wednesday Fort Myers; Nancy, visitor.

Agenda - Agenda was read and amended to include discussion of setting up an Intergroup Zoom account and to add a "Good and Welfare" segment at Intergroup meetings. Motion to accept amended agenda was made, seconded and passed unanimously.

December minutes - Motion to accept amended December minutes was made, seconded and passed unanimously.

Concepts of Service - Margie read the Introduction to the Concepts, Maxine read Concept One about Unity, and a short discussion followed.

Committee Reports

Chair - Roz reported that the December Region 8 IGOR meeting she attends was cancelled.

Vice-Chair - Margie reported she received a call in the past month from a man named Brandon who got her name online as the contact for the Tuesday Sanibel meeting. She said she offered to send him an *Introducing Overeaters Anonymous* pamphlet, but he declined, saying he would attend a few meetings on his own. Margie said she had not hear from or about him since that time.

A discussion followed about changing the means of contacting the Intergroup. Maxine then made a motion and Carol G seconded it, to leave the messaging system of contact intact and to add Margie's offer of putting her little-used landline number on the web site for those who prefer to call for information. The offer was accepted unanimously.

Treasurer - Maxine noted she had no new report on finances, except to say she had received one IDEA Day donation from Canada, She added she would have a full report for both December and January at the February 6 Intergroup meeting.

Recording Secretary - Gil had no report, other than to say that, after one month on the job, he'd be more than happy to turn over the commitment to someone else. No one offered.

Web site - Jill, Webmaster, reported that she has been posting special meetings and events on the web site, and that we can send future events to her. She reminded us that the fliers need to have the OA logo on them.

She also reported that our CDs can be converted to MP3s and uploaded to our web site. See further discussion under **OLD BUSINESS**.

Audio Library - See discussion under **OLD BUSINESS**.

Region 8 - Roz reported no meeting, as noted above.

WSO Rep - Roz reported we have no rep, but as far as she knows there will be a virtual World Service Business Conference in late April

Twelfth Step Within - Carol and Jill reported the December 12, 2020 Twelfth Step Within Day event was a success with many positive reactions. They followed the guidelines for the event from Region 8, although they had to shorten some of the recommendations due to time constraints.

Public Information - Pat reported that our Intergroup will take part in the Estero Virtual Health and Wellness Symposium February 4. Pat will speak about OA from 3:50 till 4:20 p.m. She also said she has dropped off 200 "Is Food a Problem for You?" fliers and business cards at the Estero Community Center for inclusion in that facility's January 30 goody bag handout.

Newsletter - No update.

Meeting lists - No changes reported.

OLD BUSINESS

Unity Day - Margie and Carol reported they have roughed out a program for the February 27, 9:30 a.m.-11:30 a.m. event that will be held on Zoom instead of the regular Saturday morning Riverside meeting, using the same ID and entry code as that meeting. Those in attendance will read a section of Tradition One from the *Overeaters Anonymous Twelve Steps and Twelve Traditions* book, then Margie and Carol each will speak for about 20 minutes, explaining their varying food plans and different ways they work their program. Questions and open sharing will follow.

CDs/Podcasts on Web Site - We have received permission to put a link to the OA LA Intergroup's Virtual Speakers' Bureau on our web page, but have not done so at this time. Jill will send a notice to the board members when the link is added. Jill also noted she can put our audio library on the site. Discussion followed regarding whether to place very old audio tapes and CDs on the site, or whether to make only more recent recordings accessible. Debbie reported she had investigated whether there would be any restrictions regarding the placement of such items on the web site for upload or rebroadcast. She noted that she was told there are no restrictions.

The topic then was tabled till next month, to be discussed under **OLD BUSINESS**.

Retreat - The event will take place March 21. Further details, including hours , format, what it will be called, and theme are to be determined. Maxine said she will send an e-mail to the Retreat committee re working out the details. Jill will create a flier once the committee has finished its planning.

NEW BUSINESS

Nancy (visitor) who had requested this topic be placed on the agenda, talked about the possibility of having the Intergroup set up its own Zoom account and having several Zoom rooms available for our Intergroup and group meetings, rather than the current practice of using individuals' accounts to for holding meetings. Carol F volunteered to contact the Portland, Oregon, and San Francisco Intergroups to gather information on how those service bodies have set up such Zoom accounts. Carol F then will report back to our Intergroup at the February 6 meeting. Discussion followed re making someone other than the account holder an alternate meeting host.

Roz talked about setting up a monthly segment toward the end of each meeting, titled "Good and Welfare". She explained that this item, used by some other Intergroups, is aimed at providing board members with general information about members who are ill, those who "could use a call", meetings that would benefit from support, etc. Discussion followed but no decision was made.

Margie brought up the idea of sending all board members the three-page relapse prevention action plan used at the Twelfth Step Within Day event, so they could take the document back to their home groups for use. The board discussed the proposal, but no decision was made.

Jill made a motion to adjourn the meeting, Maxine seconded it and it passed unanimously. The meeting adjourned at 12:03 with the Serenity Prayer.

Respectfully submitted by Gil P., recording secretary