

Third Annual Big Book Weekend is going Virtual!



“We Have a Common Solution Upon Which We Can All Agree”

– paraphrased from the AA Big Book pg. 17

Featuring Two “A Vision for You” Speakers

December 5-6, 2020

Hosted by: New Freedom Intergroup: <https://oanfig.org>

Event Times (all times listed are in EST):

- Saturday, December 5, 2020 - 7:00 AM – 8:00 AM Meditation Workshop / 8:30 AM – 3:30 PM Program
- Sunday, December 6, 2020 - 7:30 AM – 8:30 AM Meditation Workshop / 9:00 AM – 12:00 PM Program
- Program includes time for Q&A both days

Suggested Registration for Event: \$15.00

No one will be turned away for lack of funds. Consider giving a donation made payable to “NFI”. (note: NFI gives monthly donations directly to WSO). No refunds – all money received will be considered a donation.

- A more detailed agenda will follow. Speakers will be presenting in English.
- Please test your Wi-Fi / Internet connection ahead of time to avoid missing any of the presentation, as the weekend will be via Zoom.
- Virtual login details will be provided via email to all registrants on December 4, 2020. If you do not receive the virtual login details on December 4th, or if you have questions, please email: oanfig@gmail.com or call Nancy K at 516-286-1888 or Cora W at 912-424-5959.
- Limited sale of spiral bound large print AA Big Book (first 164 pages) can be purchased by the first 30 members requesting a copy. Cost \$25.00 (includes shipping, checks preferred). To purchase please contact Marie B. at oanfig@gmail.com **before 11/20/2020** in order to receive your Big Book **prior** to the start of convention.



Registration (two options below):

- Online Registration via EventBrite: <https://commonsolution2020.eventbrite.com>
- Mail in Registration: Please complete the form below, cut at the dotted line and **send completed form along with your check or money order**, made payable to “NFI”.
 - Mail to:
OA NFI
PO Box 550842
Jacksonville, FL 32255

*Mail in registrations must be **‘received by 11/30/2020’** to ensure you will receive the Zoom meeting ID/password in time for the event.*

| | |
|-------------|--|
| Name | |
| Phone | |
| Email | |
| City, State | |



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|--------------------------------|
| Registration / Donation |
| \$ _____ |

Please print legibly

Virtual Big Book Weekend Schedule

Dec 5th – 6th, 2020

| SATURDAY, 12/5 | | | |
|----------------|---------|-------------|--|
| Start | End | Total Time | Note |
| 7am | 8am | 1 hour | Meditation Workshop |
| 8am | 8:30am | 30 min | Participant break and setup time |
| 8:30am | 8:45am | 15 min | Announcements / Introductions |
| 8:45am | 9:45 AM | 1 hour | Co-Leader share |
| 9:45am | 10am | 15 min | Q and A |
| 10am | 10:15am | 15 min | Break |
| 10:15am | 11:15am | 1 hour | Co-Leader share |
| 11:15am | 11:30am | 15 min | Q and A |
| 11:30am | 12:45pm | 1 hr 15 min | Lunch Break |
| 12:45pm | 1:45pm | 1 hour | Leader(s) share – Doctor’s Opinion and Bill’s Story (Chapter 1) |
| 1:45pm | 2pm | 15 min | Q and A |
| 2pm | 3pm | 1 hour | Leader(s) share – There is a Solution (Chapt 2), More About Alcoholism (Chapt 3), We Agnostics (Chapt 4) |
| 3pm | 3:15pm | 15 min | Q and A |
| 3:15pm | 3:30pm | 15 min | Saturday Wrap Up / Announcements |

| SUNDAY, 12/6 | | | |
|--------------|---------|--------|---|
| 7:30am | 8:30am | 1 hour | Meditation Workshop |
| 8:30am | 9am | 30 min | Participant break and setup time |
| 9am | 10am | 1 hr | Leader(s) share – How it Works (Chapter 5) and Into Action (Chapter 6) |
| 10am | 10:15am | 15 min | Q and A |
| 10:15am | 10:30am | 15 min | Break |
| 10:30am | 11:30am | 1 hour | Leader(s) share – Working with Others (Chapter 7) and A Vision for You (Chapter 11) |
| 11:30am | 11:45am | 15 min | Q and A |
| 11:45am | 12noon | 15 min | Closing Remarks / Thank you |

NOTE: All sessions will start on time, however, Q & A may end early.

Disclaimer

The New Freedom Intergroup of Overeaters Anonymous is conducting this weekend workshop to help carry the message of recovery from compulsive eating to those members who attend. Although our mission is to carry the message of recovery, there is no guarantee that you will experience recovery through this event.

- The speakers we’ve invited to lead this weekend event practice the steps and traditions as outlined in the “Big Book” of Alcoholics Anonymous. The opinions expressed here today are those of the individual OA members and do not necessarily represent the New Freedom Intergroup or OA as a whole.
- Please remember our commitment to honor each other’s anonymity. Whom you see here, what you hear here, when you leave here, let it stay here.
- We will be using Zoom software. But, as our 6th tradition states: An OA group ought never endorse, finance, or lend the OA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose. Consequently, any reference or use herein to any specific commercial product, process, or service by trade name, trademark, manufacturer, or otherwise, does not constitute or imply its endorsement or recommendation.
- Wireless Internet access is by nature a non-secured connection method. Zoom software has some security programmed within. The New Freedom Intergroup has purchased a paid license to access this software. However, any information being sent or received over the wireless network or through Zoom could potentially be intercepted by another wireless user, and the New Freedom Intergroup will be held harmless should this occur. Likewise, technical “glitches” such as loss of internet, inability to receive audio and/or video, and inability to log into the sessions, among other things, are not the responsibility of the New Freedom Intergroup and shall therefore be held harmless.